



What to Bring to Treatment



What to Bring:

- 7-10 days worth of clothing including underwear, socks, shorts, bathing suits (one piece for women), workout attire, comfortable shoes, etc.; laundry facilities are on the premises
- MP3 and iPod players without internet capabilities or cameras
- Cigarettes, chewing tobacco, and disposable vapes (more can be purchased by staff if client has funds available)
- Credit/Debit cards or cash
- Unopened toiletries (shampoo, conditioner, deodorant etc.), hairbrushes, and toothbrushes
- Personal ID
- Insurance card
- Non-narcotic prescription medication
- Books for reading (please keep to a minimum)

What to Leave at Home:

- Open tobacco products and non-disposable vapes
- Valuables (jewelry, large amounts of cash)
- Pets
- Pornographic materials
- Aerosol hairspray and hair dye
- Alcohol or drug products including perfume/cologne (anything including alcohol in the first five ingredients)
- Electronics with internet access (we encourage you to bring cell phones to travel however they will be locked up upon arrival)
- Weapons of any kind (guns, knives, brass knuckles, chains, razor blades, etc.)
- Illegal drugs, narcotics, and alcohol
- Open hygiene products
- Candy, gum, and any other food items
- Blankets and (pillows unless used for a medical related condition)